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it's living

information
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sample activity



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it's activity books

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activities by level

A1 Elementary

FOOD 1

Name foods
Plan what to eat in a day
Keep a food diary

SALE! 10

Guess the price
Buy objects

THE APARTMENT 16

Label a plan of an apartment
Match descriptions with places on the plan
Give a tour of your home

HOUSEWORK 28

Say how often you do household chores
Match household appliances and pictures

CD activities

Food to remember: Look at the photo and try to remember everything you see.
The international menu: See if you know the origin of some of the world's most famous dishes.
Build a mall: Create a shopping mall with some of the world's most famous shops.
The elevator game: Take the elevator and find the floor for what you want to buy.
Name that object: You have 5 minutes to name 24 objects you find in shops!
The price is right: Can you choose the correct price for 24 objects in 5 minutes?

A2 Pre-intermediate

YOU ARE WHAT YOU EAT 2
Answer a food questionnaire

JOBS BOARD 5
Read and write job ads

JOB APPLICATION 6
Complete a job application form
Role-play a job interview

TALKING SHOP 9
Shopping expressions
A shopping conversation
Buying something you don't know the name for
Role-play buying clothes
Match descriptions and objects
Practise describing objects

CREATE A SHOPPING MALL 13
Design a shopping mall
Design a shop
Go shopping

NEIGHBOURS 19

Complete a questionnaire about neighbours

GOOD NEIGHBOURS 20

Role-play complaining to neighbours

CD activities

Stock the supermarket: You work in a supermarket. Can you put a new delivery of food on the shelves before customers arrive?
Countable or uncountable?: Discover what you know about countable and uncountable nouns.
Recipes: Are you a good cook? Test your cooking skills here.
Elvis's favourite sandwich: Find out how to make Elvis Presley's number-one snack.
International ingredients: Discover what ingredients go into some of the world's most famous dishes.
Name the restaurant: Listen to somebody ordering food in a restaurant. What type of restaurant is it?
Choose the food: Listen and see if you can hear what a customer orders in a restaurant.
Rice around the world: Discover where some popular rice dishes are from.
Before they were stars: Find out what some of these stars did before they were famous.
Types of shoppers: What's a bargain hunter? Learn the names for different types of shoppers here.

Shopping questionnaire: Are you a shopophobe or a shopaholic? Answer the questions to find out.
Price words: Do you know what a *bargain* is? Find out here.
Currencies: Which country's currency is the bhat?

B1 Lower- to mid-intermediate

THE MELTING POT 3
Bigger and bigger
Categorise words about food
Read an article about obesity

IN THE KITCHEN 4
The big breakfast
How to boil an egg
Kitchen sounds
Guess the top U.K. breakfast
Listen to people talking about their breakfast
Do a class survey about breakfasts

GETTING A JOB 7
Before they were stars
Job application
Covering letter
Job interview
Activities related to getting a job

GO SHOPPING 8
Describe a shop
Match words and shop pictures

SHOPPING QUESTIONNAIRE 11

Do a shopping questionnaire
Read about credit cards

EIGHT SHOPS 12

Read about eight shops/stores which sell online
Go shopping

MONEY TALKS 14

Identify old currencies
Do a quiz about money

MORE MONEY 15

Complete money expressions
Match the first and the second half of money quotes
Make comparisons about cost

THE ROOM 17

Describe a room
Decide who sleeps in the room
Invent a story about what has happened

HOW HEALTHY ARE YOU? 21

Answer a health questionnaire
Complete a health chart

NIGHT & DAY 24

Do a questionnaire about sleeping
Read about sleep

MEET THE FAMILY 26

Talk about parents
Identify what strict and liberal parents say
Discuss who did things in your family

WHAT KIND OF PARENT? 27

Do a questionnaire to find out what kind of parent you are/would be

CD activities

A piece of cake: What do you call the container milk comes in? Find out here!

A loaf of bread: Learn how to talk about the food you need to buy.

Kitchen equipment: Do you know the name for any kitchen equipment in English?

Cooking sounds: Listen to 12 sounds from the kitchen. Can you identify what's going on?

Cooking sounds equipment: You know what's cooking, but do you know what equipment the cook is using?

The food questionnaire: Find out if you have healthy eating habits!

Make some rice: Can you cook rice? If not, learn here!

The vital statistics: Find out all you need to know about rice.

Jobs crossword: How many jobs can you name? Play the game and find out!

Jobs jumble: Learn the name for some more jobs with this game.

Shop-name anagrams: Play a game with the name of 10 shops you find in every shopping mall.

Label the shop: Learn the words you need to talk about shops.

12 online shops/stores: In just 8 minutes, see if you can identify 12 of the world's most famous online shops/stores.
Shopping verbs: Learn some of the phrasal verbs you can use when you go shopping.

Shopping conversations: Click on a shop to go in and do some shopping!

I don't know what it's called in English: Learn how to buy things you don't know the word for.

Rich man, poor man: Discover some new ways to say you have no money!

Money verbs: You can *win* money and *earn* it. What's the difference?

Money, money, money: Try to identify some famous quotes and song lines about money.

Places to live: Do you know the American word for *flat*? Find out here!

House and home crossword: See how many things around the home you can name.

My bedroom: Identify the things you can see in the room.

B2 Upper-intermediate

FENG SHUI 18

Read about Feng Shui
Find out your lucky Kua number
Describe your bedroom
Read how to test your room for Feng Shui
Read more tips for other areas of the home

COPING WITH THE COMMON COLD 22

Discuss how to prevent and fight a cold
Read facts about the common cold

SPRING IS IN THE AIR 23

Read personal accounts of allergies
Learn allergy vocabulary
Read the allergy fact file

SLEEP ACTIVITIES 25

Match words related to sleep with areas of meaning
Match sleep words and expressions with meaning
Match film titles with *sleep* in them to their leading actors

CD activities

Architecture word search: Test your house vocabulary. For experts only!

ACTIVITIES

- Name foods
- Plan what to eat in a day
- Keep a food diary

GRAMMAR/VOCABULARY

- Food

LEVEL

A1

TIME



ANSWERS

apples
bananas
biscuits
bread
cabbage
carrots
cereal
cheese
coffee
cola
crisps
egg
grapes
lettuce
margarine
mushrooms
mustard
pasta
peanut butter
peanuts
rice
soup
tea
tomato ketchup
tomatoes
water
wine

A. Name the food

1. Students work in pairs and tell each other what food they have in their cupboards and fridge at home. Do they have similar or different things?
2. Give out photocopies. With the same partner, students name the food they can see in the picture. Set a time limit for this. Check answers and practise the pronunciation of the words.
3. Students practise the words in pairs. One person points to the picture and the other must say what it is. Who can name the most items?
4. Ask students which of the food and drinks in the picture they have at home. Is anything strange or unfamiliar to them? Students now have to imagine that for one day they can eat only the food in the picture. They must decide what they would eat for breakfast, lunch, dinner, and snacks. Then they compare their ideas in small groups. Who chose the healthiest options?

B. Keep a food diary

1. Students work in pairs and tell each other what they have eaten recently, starting with what they had for breakfast, what they ate yesterday, the day before and so on. They must include as much information as possible.
2. Discuss with students if they found it easy to remember what they'd eaten. Tell them that they are going to keep a food diary for two days. They have to write down exactly what they have for breakfast, lunch, dinner, snacks and to drink.
3. In the next class (two days later if the class is every day), students work in small groups and compare their diaries. What did they notice about their eating habits? Who eats the most healthily?

food

A. NAME THE FOOD

Look at the picture of food and drinks. How many items can you name? What would you choose to eat? Compare with a partner. Who chose the healthier options?



B. KEEP A FOOD DIARY

Can you remember what you ate this morning? Can you remember what you ate yesterday? Look at the diary pages below. For the next two days, record everything you eat or drink in your diary. You might be surprised! Bring your diary to class and compare with a partner. Who eats more healthily?

Day one

Breakfast _____

Lunch _____ ●

Dinner _____

Snacks _____ ●

Drinks _____

Day two

Breakfast _____

Lunch _____ ●

Dinner _____

Snacks _____ ●

Drinks _____